

Fleet Feet Run For Your Heart

5K Run and 1 Mile Walk

Saturday, February 13, 2010

Proceeds to benefit the Frances Langford Heart Center
at Martin Memorial

Course begins and ends at Fleet Feet-Stuart

2440 NW Federal Hwy, next door to Bed Bath & Beyond

RACE BEGINS AT 7:00 AM

\$20.00 pre-registration

\$25.00 after 2/1/2010 and day of race

Call Fleet Feet Stuart at (772) 232-9225 for more information

(Tech tee to the first 250 who register)

Certified Course (FL09015EBM)

New this year: ACCUCHIP TIMING



NAME _____ M / F (CIRCLE ONE)

ADDRESS _____

CITY _____ ST _____ ZIP _____

AGE _____ BIRTHDATE _____ PHONE _____

T-shirt size: (circle one) S M L XL EMAIL _____

I Hereby express and affirmatively state that I, or my child named herein wish to participate in the above stated activity. I realize that participation in this activity involves risks of injury, including but not limited to loss of future earning capacity, loss or damage to personal property, various degrees and severity of injury, all other possible risks of injury and even death which occur by reason of me/my child's participation and release Fleet Feet Stuart/Sailfish Striders/sponsors, its agents, employees therefrom. I voluntarily choose to participate, or allow my child to participate, assuming all risks. Insurance available (\$6.50 for under 18 and \$13 for adults) see recreation staff for more information.

Participant/Parent/Guardian _____ Date _____

Divisions: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & up

Awards: Male & Female Overall, Male & Female Masters and 1st, 2nd & 3rd in each division

Parent Must Sign Waiver if Child is Under 18 Years Old!

Mail completed form to: Fleet Feet Stuart, 2440 NW Federal Hwy., Stuart, FL 34994

Make checks payable to: Fleet Feet Run For Your Heart

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